

Start the conversation.



REACHING OUT FOR HELP CAN BE HARD...
WE'VE MADE IT EASY.



Welcome To Confyde!

In today's world, access to mental health resources is more widespread than ever, with a range of options available, from personalized mental health apps to professional counseling services. However, despite these advancements, mental health issues, including depression and suicide, continue to rise globally.

Research consistently highlights that one of the most powerful tools in preventing suicide and improving mental health outcomes is the support system surrounding an individual—specifically, their community. While initiatives like Mental Health First Aid training are helping to equip communities, the stigma surrounding mental health issues still makes it difficult for many people to seek the help they need.

That's where Confyde comes in. We've developed a platform that makes it easy for employees to confidentially reach out for support when they need it the most.

Developed with leaders in psychology, mental health, and well-being, our mission is to empower people to prioritize their mental health by providing a platform where they feel empowered to share their struggles.

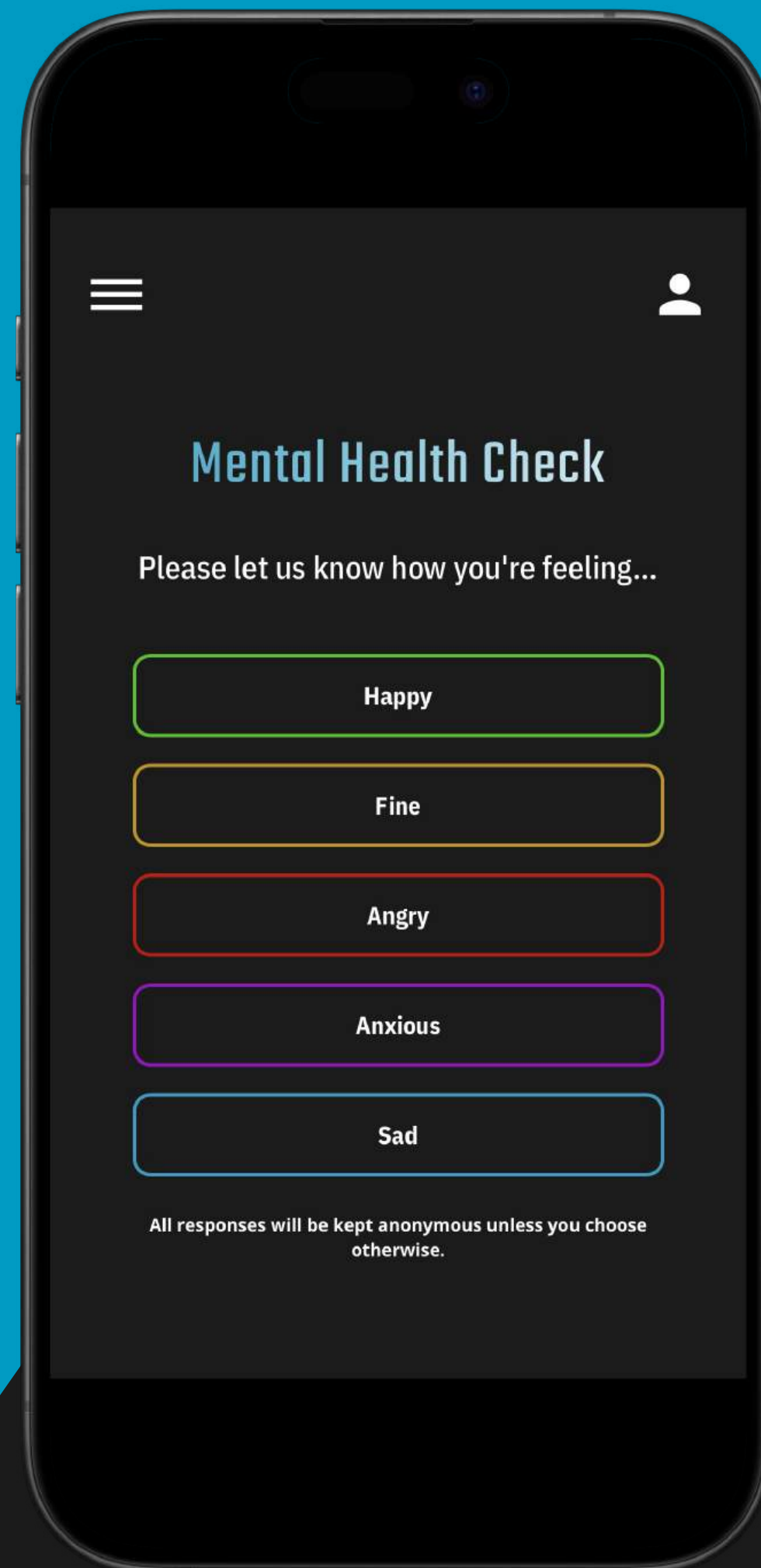


PETE SMITH
FOUNDER & CEO
CONFYDE

What is Confyde?

Confyde is a platform that allows companies to monitor and support the mental health of their employees.

Through simple and easy to use mental health check-ins, users are provided with a pathway to confidentially seek support, while companies collect actionable data on areas that may impact performance and culture.



1 in 5

Employees experience mental health challenges each year

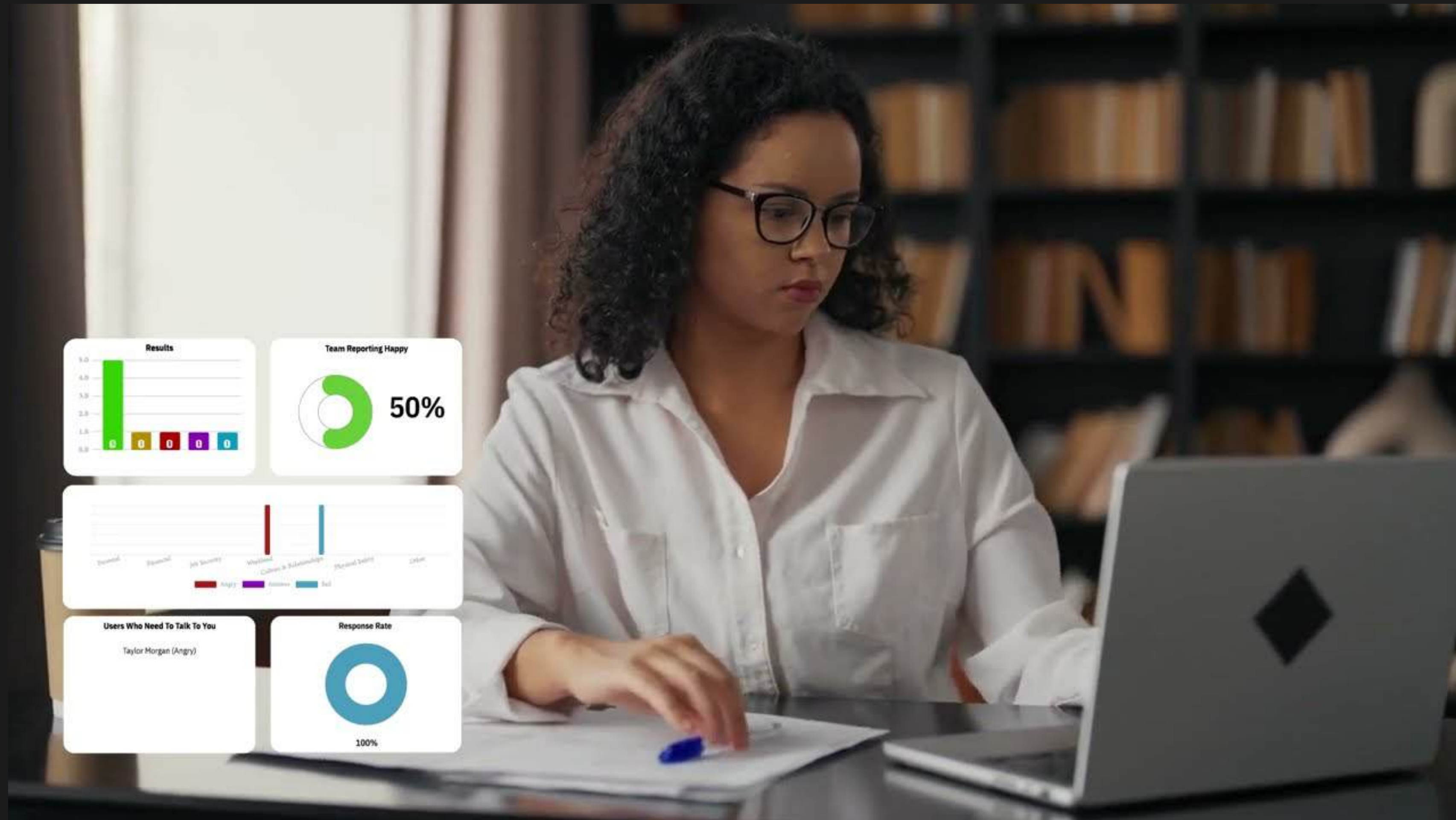
\$300bn

Lost annually in US productivity due to mental health conditions

80%

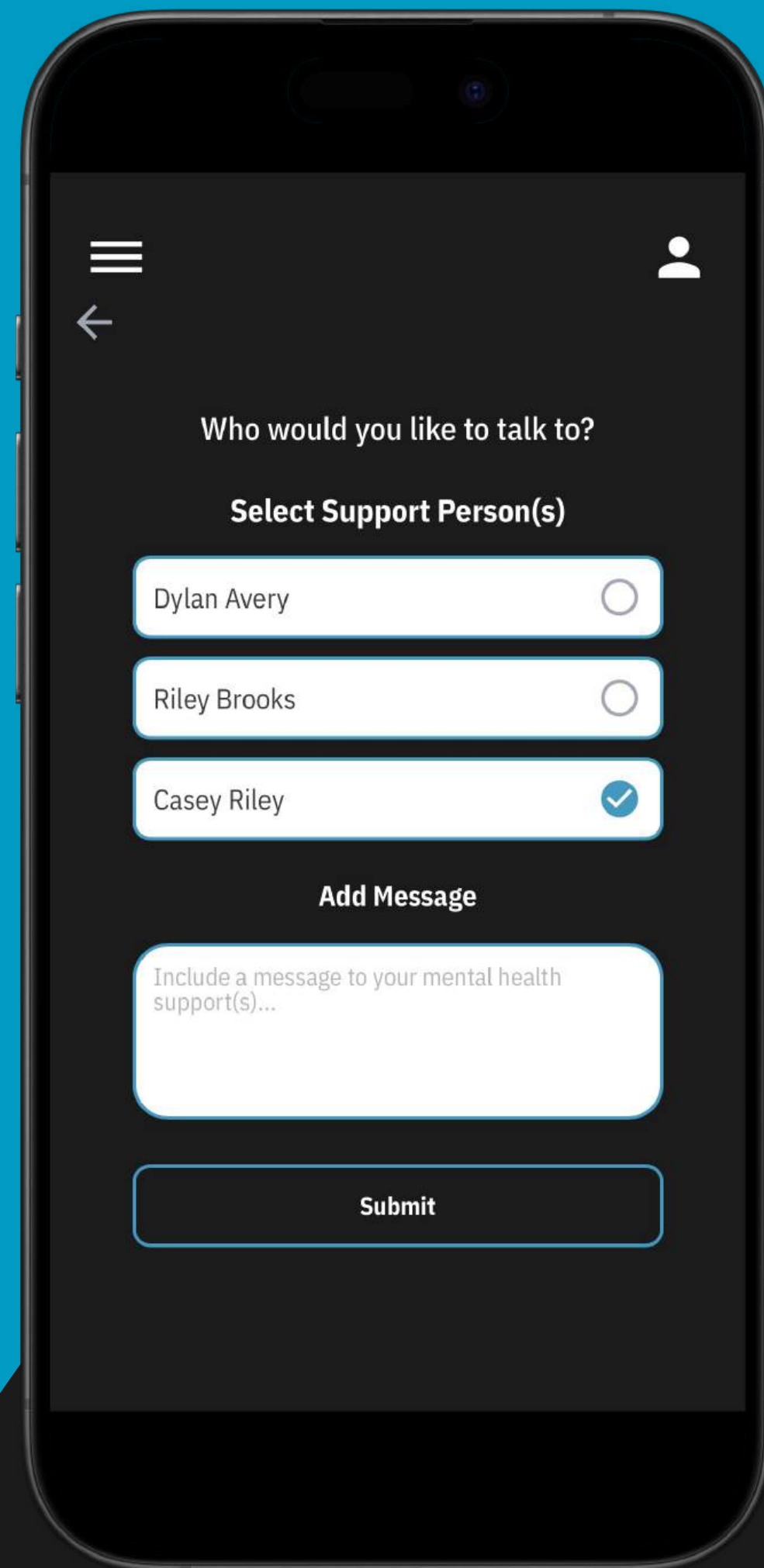
Employees who feel supported in their mental health are more likely to stay at their current job

How It Works



[Click To Play Video](#)

Employee Benefits



A smartphone mockup displaying a peer support form. The form is titled "Who would you like to talk to?" and includes a section for selecting support persons. Three names are listed: Dylan Avery, Riley Brooks, and Casey Riley. Casey Riley is selected with a checkmark. Below the selection is a text area for adding a message and a "Submit" button.

Who would you like to talk to?

Select Support Person(s)

Dylan Avery

Riley Brooks

Casey Riley

Add Message

Include a message to your mental health support(s)...

Submit

EASY ACCESS TO SUPPORT

Confidential: Employees can privately report their mental health status and reach out for support whenever needed—ensuring they feel seen and heard.

Peer Support: Employees can support colleagues who may be struggling, helping to destigmatize mental health conversations.

BUILD COMPANY CULTURE

Enhanced Morale & Retention: A strong peer support culture leads to improved morale, better productivity, and greater employee retention.

Allow employees to view their company and team members as their support network.

Company Benefits

IDENTIFY PERFORMANCE INFLUENCERS

Spot Early Warning Signs: Our mental health check-ins gather critical data to pinpoint factors impacting team performance.

Rather than wait for performance issues to arise, Confyde arms you with the tools to catch issues before they affect business outcomes, reducing absenteeism, disengagement, and turnover.

MANAGE PROACTIVELY

By understanding employee well-being, leaders can intervene early, ensuring your workforce stays healthy, engaged, and productive.

